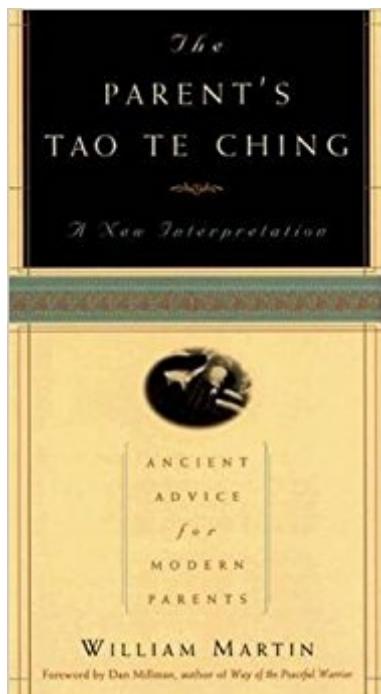


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# The Parent's Tao Te Ching: Ancient Advice For Modern Parents



## **Synopsis**

William C. Martin has freshly reinterpreted the Tao Te Ching to speak directly and clearly to the most difficult of modern tasks -- parenting. With its combination of free verse and judicious advice, The Parent's Tao Te Ching addresses the great themes that permeate the Tao and that support loving parent- child relationships: responding without judgment, emulating natural processes, and balancing between doing and being.

## **Book Information**

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## **Customer Reviews**

A masterpiece. William Martin captures the essence of what it means to raise a child. Urgently needed, this precious book lifts parenting to new heights -- Judy Ford, author of *Wonderful Ways to Love a Child* and *Wonderful Ways to Be a Family* I loved William Martin's *The Parent's Tao Te Ching*. Advocating patience, compassion, simplicity, and parental awareness, these ancient lessons allow mothers and fathers to quietly reflect on their own selfhood, then to see and respond to their children's authentic selves. Every parent should keep this book on their bedside table to read and re-read as they negotiate the tumultuous reality of family life -- Virginia Beane Rutter, Jungian analyst and author of *Celebrating Girls: Nurturing and Empowering Our Daughters* If ever there was an undertaking that could use every bit of ancient wisdom available it is parenting, and William Martin's *The Parent's Tao Te Ching* consistently and elegantly brings us back to the beautiful depths of this most honored role -- Will Glennon, author of *Fathering* and *200 Ways to Raise a Girl's Self-esteem* William Martin shows how the universal lessons of Taoism can be applied to

parenthood. In the process, he not only sheds light on the most sacred of tasks we face, but he also works to bring peace and understanding to a coming generation -- Deng Ming-Dao, author of The Chronicles of Tao, 365 Tao and Everyday Tao

William C. Martin, a Taoist writer and painter, lives in Northern California with his spouse, Nancy - who is a traditional bookbinder/book repairer.Â

I return to this book again and again to ground me and guide me as a parent. A good cup of coffee and an hour of alone time with this book is all I need to feel like "I can do this." I gift this book to parents that are struggling and also to first-time parents as a shower/Mother blessing gift. I have read it cover to cover several times, as well as picking it up for a few pages of inspiration here and there. This book is a must-have in my arsenal of self and childcare books.

This is the perfect book for parents who really believe in simplicity parenting, attached parenting and those who seek calm and clarity in the midst of sometimes unavoidable hectic times with children. I just love the way that there is always a core, essential, nurturing topic to explore but, in short exerts....keeping in mind that sometimes parents may only have a couple of minutes at a time to really focus. This book really brings meaningful little lessons to focus on each day!

Bought this for myself and have now ordered for friends--I love it. Makes me smile, makes me tear up, makes me think about what it is I TRULY need to be doing to continue to become a better parent. You can read one page over and over and just sit up in bed and think about it. Very wise, old advice that is relevant to today's life.

Perfect advice for parents who tend to over parent and need help learning to let go. My husband and I both read this when our oldest left for college and we needed it. Refreshing and useful tips. Learn to let them become adults or they will never mature. Advice well taken.Melissa Sugar @

Never stop learning. Especially when it comes to your kid. I often find myself coming back to the teachings of this book when parenthood takes its toll on your sense of reason. Great lessons for life and wonderful perspective on parenting.

Whenever I'm unsure or frustrated or upset with my son, I turn to this book flip to a random page

and always find the right guidance to get me back in focus on how to be there for my son, be a good parent, not to beat myself up so much and love my son for who he is, the actions he takes and appreciate his feelings. I'm grateful for being introduced to this book.

I have never done a review despite purchasing many things and books on but after reading this book I felt compelled to review it. This book gives insight into a way of parenting that is greatly needed in our complex world. This is not a book to be skimmed through but requires thoughtful reflection. I would recommend this book to all parents.

I have read this every evening when my son is asleep. As a new parent, this book has really helped me not be so hard on myself. It has made me feel so much better like a breath of fresh air

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